

PARENTS PLEASE COMPLETE THIS APPLICATION FORM CORRECTLY AND
MAIL TO OFFICE

A. Student Information (Person practising karate)

DOJO (Club / School):

STUDENT(S) NAME & SURNAME:

GRADE: DATE OF BIRTH: GENDER:

B. Person Responsible for Payment of Account

SURNAME:

FIRST NAME:

SA ID No:

TELEPHONE NUMBERS

OFFICE No: HOME No:

CELL FOR CORRESPONDENCE:

E-MAIL:

Fees-Pre-School - Please Select

☐ YEARLY FEE R3360	☐ QUARTERLY FEE R870	☐ MONTHLY FEE R350
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Fees-Scholar - Please Select

Payment Options: School (Beginner to Green Belt)

☐ YEARLY FEE R5182	☐ QUARTERLY FEE R1320	☐ MONTHLY FEE R530
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Payment Options: School (Blue Belts & up)

☐ YEARLY FEE R8134	☐ QUARTERLY FEE R2140	☐ MONTHLY FEE R860
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I hereby confirm that I have read the terms and conditions of this document, and accept the conditions of this document, and accept the contents herein as binding.

PRINT NAME:

SIGNATURE: DATE:

C. Parents Contact Details for Correspondence

NAME & SURNAME (MOTHER): CELL:

EMAIL:

NAME & SURNAME (FATHER): CELL:

EMAIL:

Please copy entire form for your own records.



Karate Education GOJU-KAI

Francois du Plessis

☎ 021 976 3914

✉ admin@fdupkarate.co.za

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GOJU-KAI

2026

KIDS



SELF-DEFENCE



Pre-School
Development Programme

School Karate

Self-Defence for Kids



Fees-Pre-School

Affiliation Fee: R250 per year (Non-refundable) T-shirt included



YEARLY FEE

Incl Affiliation fee of R250
& 10% discount. Payable
by 1/2/2026

R3360

or



QUARTERLY FEE

(4 Quarters) Payable at
the beginning of the school term
Excl Affiliation Fee

R870

or



MONTHLY FEE

Feb - Nov, 10 months
payable by the 7th.
Excl Affiliation Fee

R350

Fees-Scholar

Affiliation Fee: R430 per year (Non-refundable)

Payment Options: School (Beginner to Green Belt)



YEARLY FEE

Incl Affiliation fee of R430
& 10% discount. Payable
by 1/2/2026

R5182

or



QUARTERLY FEE

(4 Quarters) Payable at
the beginning of the school term
Excl Affiliation Fee

R1320

or



MONTHLY FEE

Feb - Nov, 10 months
payable by the 7th.
Excl Affiliation Fee

R530

Payment Options: School (Blue Belts & up)



YEARLY FEE

Incl Affiliation fee of R430
& 10% discount. Payable
by 1/2/2026

R8134

or



QUARTERLY FEE

(4 Quarters) Payable at
the beginning of the school term
Excl Affiliation Fee

R2140

or



MONTHLY FEE

Feb - Nov, 10 months
payable by the 7th.
Excl Affiliation Fee

R860

I, hereby make application for enrolment as a member of the South African Karate-do Goju-Kai, herein referred to as the Association, and hereby agree to and undertake to pay both the annual **affiliation fee** as determined by the Executive of the Association, and the **tuition fee** as determined by the Head of the Dojo I shall attend.

I accept the following conditions of membership:

- I understand that I might sustain injuries during the course of my tuition or during my participation in official functions of the Association. I voluntarily accept the risk thereof and will hold neither the Association or any member of the Association responsible for any injury whatsoever thus sustained.
- Membership to FRANCOIS DU PLESSIS GOJU-KAI KARATE is permanent (not annually), until written notice of termination is provided.** I remain a member of Francois du Plessis Goju-Kai Karate from any given year to the next.
- I accept that the tuition fee is payable as per chosen agreed fee structure. I understand that I will not be allowed to attend classes until the fees are paid in full. I will remain responsible for the fees even though I am not allowed in class. A R50 administration fee will be charged on all late and incorrect payments, incl incorrect references.**

CANCELLATION PROCESS

- I shall give one calendar month's notice in writing of termination of my tuition, and will remain responsible for the full tuition fees and membership fees up to that time. No part of the tuition fee and the membership fee is refundable.**
- I will give one calendar month's notice in time before the end of the year, in the case that I will not be continuing with karate the following year.
- I hereby confirm that I have read the terms and conditions of this document, and accept the contents herein as binding.

Banking Details

NB: Please pay into the correct account for your child's area (Where your child does karate)

AREA 1	AREA 2	AREA 3
Durbanville, Richwood Plattekleof, Loevenstein Kraaifontein	Brackenfell, Kuilsriver De Tyger, Parow Goodwood, Bellville	Paarl, Stellenbosch Strand, Gordon's Bay
F du Plessis Standard Bank Cheque Acc. No: 272189790 Branch Code: 050410	FDUP Karate Standard Bank Cheque Acc. No: 10192088325 Branch Code: 051001	Karate Education Standard Bank Cheque Acc. No: 10234976754 Branch Code: 000205

What is Pre-School Karate?

Pre-school Karate aims to assist in helping with the development of the child. The first 3 - 6 years of a child's life is certainly the most important development years in which most patterns and models get formed in a child's memory. Through exercise the child is helped to develop. Attention specifically is given to the following:

- **Co-ordination** • **Motor Skills** • **Agility** • **Rhythm** • **Space** • **Concentration** • **Balance** • **Reactions** • **Self-Image**
- These aspects are all part of motorial development. If a child does not develop adequately in these mentioned areas it could lead to poor sport participation, muscle weakness, problems to read and write, shyness, poor self-image.

Grading (Evaluation) & Evaluation Reports

Grading takes place twice a year when students are examined on blocks, punches, kicks, hand-eye co-ordination, balance.

Twice per year evaluation reports are supplied to parents. Through these reports problems, if any, could be identified. This is also an opportunity for the parent to see the progress their child has made during the year.



Our Programme

Our programme aims to work at each child's level. Exercise / movements are in the form of play so that the child can relate to them, because that's mainly what his life consists of at this early stage. Activities are aimed at developing the child as well as stimulating his/her brain through exercises where he/she has to think and concentrate. Research has proven that all these activities enhance the development of the child.

Scholar Karate

Literally karate means: Empty Hands

The student learns to use his body to execute an attack or to defend himself.

Scholar Grading

From grade 1, karate students grade once a year for their colour belts indicating their progress and skill level achieved.



Advantages of Karate?

Development of:

- | | | | |
|------------------------|-----------------|--------------|---------------|
| • Focus | • Perseverance | • Endurance | • Flexibility |
| • Co-ordination | • Discipline | • Confidence | • Integrity |
| • Physical Development | • Concentration | • Patience | |

Self-Defence for Kids

Part of our programme is the focus on self-defence for the child. This includes techniques and the awareness of safety and how to react in a dangerous situation.